From the start, use the Yellow Spectator Route to catch up to your participant at Mud Mile 2.0 and Tired Yet.

Continue on the Yellow Route to see your Mudder attempt Skidmarked and Kiss of Mud 2.0 before braving The Block Ness Monster.

Follow the Yellow Route back toward the start line to connect with the beginning of the Blue Route to watch your runner ascend Augustus Gloop/Snot Rocket.

After Augustus Gloop, follow your Mudder to Birth Canal/Black Hole, Arctic Enema the Rebirth, and The Reach Around/Stage 5 Clinger.

Now it's time for the big finish, connect back with the Yellow Route and follow it to the finish to watch your runner face Kong or Electroshock Therapy.

Finally, meet your Mudder at the finish line to congratulate them and enjoy a cold Guinness Blonde Lager.