



PRESENTED BY **CELSIUS**
LIVE FIT

FULL

Lap #1 Start

- Hero Carry
- Berlin Walls
- Everest 2.0
- Devil's Beard
- Bale Bonds
- Skidmarked
- Pitfall
- Kiss of Mud 2.0
- Quagmire
- Mud Mile 2.0
- Humpchuck
- The Block Ness Monster

Lap #2 Start

- Arctic Enema
- Berlin Walls
- Everest 2.0
- Just The Tip
- Balls to the Wall
- Rope-a-Dope
- Funky Monkey
- Kong - Infinity
- Pitfall
- Kiss of Mud 2.0
- Trench Warfare
- Mud Mile 2.0
- Electroshock Therapy
- The Block Ness Monster
- Happy Ending

Tough Mudder Full
FINISH

HALF

- Hero Carry
- Berlin Walls
- Everest 2.0
- Devil's Beard
- Bale Bonds
- Skidmarked
- Pitfall
- Kiss of Mud 2.0
- Quagmire
- Mud Mile 2.0
- Humpchuck
- The Block Ness Monster
- Happy Ending

Tough Mudder Half
FINISH



MAP LEGEND

- Obstacle
- Water Station
- Medical Tent
- Lap #1 Course
- Lap #2 Course
- Toilets
- Spectator Path
- Mudder Village
- CELSIUS Spectator Hub

EVENT DAY INFO

TOUGH MUDDER HALF - COMPLETE LAP 1 ONLY
TOUGH MUDDER FULL - COMPLETE LAP 1 FIRST FOLLOWED BY LAP 2

SHARE YOUR PICTURES ON TAG US: @TOUGH_MUDDER
#TOUGHERTOGETHER

BOTH LOOPS WILL SHARE THE SAME SECTIONS OF COURSE AT TIMES SO KEEP AN EYE OUT FOR "LAP 1" AND "LAP 2" SIGNAGE. KEEP WRISTBANDS ON AT ALL TIMES AS ONLY MUDDERS WITH ORANGE WRISTBANDS WILL BE ALLOWED ON LAP 2.

Mudder Village Mini-Map



MEET TMHQ

COURTNEY AKA "LIL FUDGE"

- HOLDS THE JUMP ROPE WORLD RECORD FOR "MOST JUMPS WHILE HOLDING A CAT".
- HAS NEVER LOST A PAIR OF SUNGLASSES OR CHAPSTICK.



- STILL HAS THREE CASES OF DUNKAROOS LEFT IN HER PANTRY FOR "A SPECIAL OCCASION".
- WHEN FRIGHTENED, HAS A TENDENCY TO BREAK OUT INTO GLORIA GAYNOR'S "I WILL SURVIVE"



THANKS TO OUR PARTNERS



PRESENTED BY CELSIUS

SPECTATOR TIPS

NOTE: YOU WILL NOT BE ABLE TO SEE YOUR MUDDER AT EVERY OBSTACLE

HALF

- WATCH YOUR MUDDER LEAVE FROM THE START.
- THEN FOLLOW THE PURPLE SPECTATOR ROUTE TO THE CELSIUS SPECTATOR HUB.
- THERE YOU WILL SEE YOUR MUDDER ACCOMPLISH BERLIN WALLS, EVEREST 2.0 AND SKIDMARKED.
- AFTER THEY COMPLETE ALL THE OBSTACLES IN THIS FIELD, HEAD BACK TO MUDDER VILLAGE TO SEE HUMPCHUCK AND THE BLOCK NESS MONSTER.
- FINALLY HEAD TO HAPPY ENDING TO WATCH YOUR MUDDER SLIDE INTO THE FINISH.

FULL

- WATCH YOUR MUDDER LEAVE FROM THE START.
- THEN FOLLOW THE PURPLE SPECTATOR ROUTE TO THE CELSIUS SPECTATOR HUB.
- THERE YOU WILL SEE LAP ONE OBSTACLES, BERLIN WALLS, EVEREST 2.0 AND SKIDMARKED.
- YOU CAN RELAX IN THIS FIELD WHILE YOUR MUDDER FINISHES LAP 1. THE FIRST OBSTACLE THEY WILL HIT ON THE SECOND LAP IS ARCTIC ENEMA.
- THEN THEY WILL RETURN TO THE OBSTACLE MECCA TO HIT LAP 2 OBSTACLES.
- THE OBSTACLES YOUR MUDDER WILL HIT IN THIS FIELD WILL BE JUST THE TIP, BALLS TO THE WALL, ROPE A DOPE, FUNKY MONKEY AND KONG.
- FINALLY HEAD TO HAPPY ENDING TO WATCH YOUR MUDDER SLIDE INTO THE FINISH.

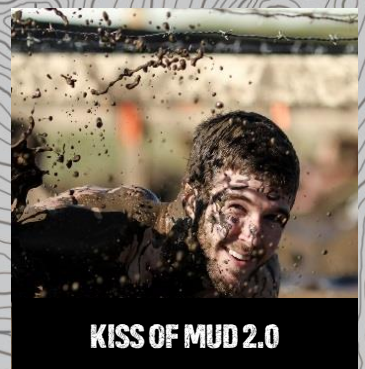
ON COURSE AT TOUGH MUDDER VIRGINIA



MUD MILE 2.0



THE BLOCK NESS MONSTER



KISS OF MUD 2.0



EVEREST 2.0



HAPPY ENDING



BERLIN WALLS

NEW FORMAT
WHO DIS?

FORECAST
WARM WITH A CHANCE OF PAIN

EVEREST 2.0
TEAMWORK MAKES THE DREAM WORK

HUMPCHUCK
GET UP AND OVER

HAPPY ENDING
DIFFERENT ENDING, SAME HAPPINESS

TOUGH MUDDER VIRGINIA
MEADOW EVENT PARK
JUNE 9 & 10, 2018
OFFICIAL COURSE MAP